



## 2026 OLYMPIA QUALIFICATION RULES

The IFBB PRO LEAGUE and JOE WEIDER'S OLYMPIA FITNESS & PERFORMANCE WEEKEND are pleased to announce the **2026 OLYMPIA QUALIFICATION RULES ("OQS")**.

The 2026 OQS starts on **September 15, 2025** and ends on **August 30, 2026**.

<p style="text-align: center;"><b>SYSTEM FOR CLASSIC PHYSIQUE, MEN'S PHYSIQUE, BIKINI, AND WELLNESS</b></p> <ul style="list-style-type: none"> <li>• Top 25 in the point standings qualify for the Olympia</li> <li>• Automatic qualification for the Olympia if you win two contests</li> </ul> <p><b><u>OLYMPIA:</u></b></p> <p>1<sup>st</sup>    Automatic Qualification  2<sup>nd</sup>    Automatic Qualification  3<sup>rd</sup>    Automatic Qualification  4<sup>th</sup>    12 points  5<sup>th</sup>    10 points</p> <p><b><u>ARNOLD CLASSIC USA, PITTSBURGH PRO, NY PRO, ROMANIA MUSCLE FEST, DUBAI PRO:</u></b></p> <p>1<sup>st</sup>    Automatic Qualification  2<sup>nd</sup>    14 points  3<sup>rd</sup>    11 points  4<sup>th</sup>    9 points  5<sup>th</sup>    7 points</p> <p><b><u>ALL OTHER IFBB PRO CONTESTS:</u></b></p> <p>1<sup>st</sup>    10 points  2<sup>nd</sup>    4 points  3<sup>rd</sup>    3 points  4<sup>th</sup>    2 points  5<sup>th</sup>    1 point</p>	<p style="text-align: center;"><b>SYSTEM FOR MEN'S BODYBUILDING, MEN'S 212 BODYBUILDING, WOMEN'S BODYBUILDING, FITNESS, FIGURE, WOMEN'S PHYSIQUE, AND FIT MODEL</b></p> <ul style="list-style-type: none"> <li>• Top 3 from the 2025 Olympia</li> <li>• Top 3 in Women's Bodybuilding from the Rising Phoenix</li> <li>• Winner of each open contest held during the qualification period.</li> </ul> <p style="text-align: center;"><b>SYSTEM FOR WHEELCHAIR BODYBUILDING</b></p> <ul style="list-style-type: none"> <li>• Top 3 from the 2025 Olympia</li> <li>• Winner of each open contest held during the qualification period</li> <li>• Top 5 in the point standings</li> </ul> <p>Points are allocated as follows:</p> <ul style="list-style-type: none"> <li>○ 2<sup>nd</sup>    10 points</li> <li>○ 3<sup>rd</sup>    9 points</li> <li>○ 4<sup>th</sup>    8 points</li> <li>○ 5<sup>th</sup>    7 points</li> </ul>
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Visit [IFBBPRO.com](http://IFBBPRO.com), [NPCNEWSONLINE.com](http://NPCNEWSONLINE.com), or [MROLYMPIA.com](http://MROLYMPIA.com) after each contest for an updated list of qualified athletes.

Questions regarding the 2026 OQS may be directed to [tblinn@ifbb-proleague.com](mailto:tblinn@ifbb-proleague.com).

**\*Note:** Any former Olympia winner has lifetime eligibility. However, this eligibility is not automatic. Where more than five years have elapsed since the last Olympia win, approval of the IFBB Pro League is required.