

2025 NATIONAL CONTEST DATES

May 30-31, 2025	JUNIOR USA BODYBUILDING, FITNESS, FIGURE, BIKINI, MEN'S & WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE & WELLNESS Charleston, South Carolina	Tres Bennett 1816 Chelwood Circle Charleston, SC 29407 843-270-4373 tresb@comcast.net www.npcjuniorusa.com
June 20-21, 2025	JUNIOR NATIONAL BODYBUILDING, FITNESS, FIGURE, BIKINI, MEN'S & WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE & WELLNESS Chattanooga, Tennessee	Sandy Williamson 818-400-1060 sandyonsandylane@gmail.com npcjrnats.com
July 3-5, 2025	UNIVERSE BODYBUILDING, FIGURE, BIKINI, CLASSIC PHYSIQUE, MEN'S & WOMEN'S PHYSIQUE & WELLNESS / NATIONAL FITNESS CHAMPIONSHIPS Teaneck, New Jersey	Steve Weinberger Bev Francis Powerhouse Gym 235-C Robbins Lane Syosset, NY 11791 516-933-1111 info@bevfrancis.com www.bevfrancis.com/shows.html
July 16-19, 2025	TEEN COLLEGIATE MASTERS NATIONAL BODYBUILDING, FIGURE, BIKINI, MEN'S & WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE & WELLNESS Pittsburgh, Pennsylvania	Gary Udit PO Box 16424 Pittsburgh, PA 15242 412-377-1438 gudit@comcast.net www.garyudit.com
July	USA BODYBUILDING, FIGURE, BIKINI MEN'S & WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE & WELLNESS Anaheim, California	Tamer El Guindy 2554 Lincoln Blvd PMB 749 Venice, CA 90291 310-796-9181 tamer@musclecontest.com www.musclecontest.com
August 27-30, 2025	NORTH AMERICAN BODYBUILDING, FIGURE, BIKINI, WELLNESS, MEN'S & WOMEN'S PHYSIQUE & CLASSIC PHYSIQUE & FITNESS Pittsburgh, Pennsylvania	Gary Udit PO Box 16424 412-377-1438 gudit@comcast.net www.garyudit.com
November	MASTERS USA BODYBUILDING, FIGURE, BIKINI, MEN'S & WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE & WELLNESS Anaheim, California	Tamer El Guindy 2554 Lincoln Blvd PMB 749 Venice, CA 90291 310-796-9181 tamer@musclecontest.com www.musclecontest.com

**November 14-15,
2025**

**BEN WEIDER PRO/AM NATURAL
BODYBUILDING,FIGURE, BIKINI, WELLNESS,
MEN'S & WOMEN'S PHYSIQUE &
CLASSIC PHYSIQUE & FITNESS
Alexandria, Virginia**

**GARY UDIT
PO Box 16424
412-377-1438
gudit@comcast.net
www.garyudit.com**

**December 11-14,
2025**

**NATIONAL BODYBUILDING, FIGURE,
BIKINI, MEN'S & WOMEN'S PHYSIQUE,
CLASSIC PHYSIQUE & WELLNESS
Irving, Texas**

**NPC National Office
412-276-5027
npcfirst@npcregistration.com
www.npcnationalchampionship.com**