

## 2023 NATIONAL CONTEST DATES

May 19-20, 2023	<b>NPC JUNIOR USA BODYBUILDING, FITNESS, FIGURE, BIKINI, MEN'S &amp; WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE &amp; WELLNESS</b> Charleston, South Carolina	Tres Bennett 1816 Chelwood Circle Charleston, SC 29407 843-270-4373 <a href="mailto:tresb@comcast.net">tresb@comcast.net</a> <a href="http://www.npcjuniorusa.com">www.npcjuniorusa.com</a>
June 16-17, 2023	<b>NPC JUNIOR NATIONAL BODYBUILDING, FITNESS, FIGURE, BIKINI, MEN'S &amp; WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE &amp; WELLNESS</b> Chattanooga, Tennessee	Sandy Williamson 818-400-1060 <a href="mailto:sandyonsandylane@gmail.com">sandyonsandylane@gmail.com</a> <a href="http://npcjrnats.com">npcjrnats.com</a>
June 30-July 1, 2023	<b>NPC UNIVERSE BODYBUILDING, FIGURE, BIKINI, CLASSIC PHYSIQUE, MEN'S &amp; WOMEN'S PHYSIQUE &amp; WELLNESS / NATIONAL FITNESS CHAMPIONSHIPS</b> Teaneck, New Jersey	Steve Weinberger Bev Francis Powerhouse Gym 235-C Robbins Lane Syosset, NY 11791 516-933-1111 <a href="mailto:info@bevfrancis.com">info@bevfrancis.com</a> <a href="http://www.bevfrancis.com/shows.html">www.bevfrancis.com/shows.html</a>
July 19-22, 2023	<b>NPC TEEN COLLEGIATE MASTERS NATIONAL BODYBUILDING, FIGURE, BIKINI, MEN'S &amp; WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE &amp; WELLNESS</b> Pittsburgh, Pennsylvania	Gary Udit PO Box 16424 Pittsburgh, PA 15242 412-377-1438 <a href="mailto:gudit@comcast.net">gudit@comcast.net</a> <a href="http://www.garyudit.com">www.garyudit.com</a>
July 28-29, 2023	<b>NPC USA BODYBUILDING, FIGURE, BIKINI MEN'S &amp; WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE &amp; WELLNESS</b> Las Vegas, Nevada	Tamer El Guindy 2554 Lincoln Blvd PMB 749 Venice, CA 90291 310-796-9181 <a href="mailto:tamer@musclecontest.com">tamer@musclecontest.com</a> <a href="http://www.musclecontest.com">www.musclecontest.com</a>
August 30 - September 3, 2023	<b>NPC NORTH AMERICAN BODYBUILDING, FIGURE, BIKINI, WELLNESS, MEN'S &amp; WOMEN'S PHYSIQUE &amp; CLASSIC PHYSIQUE &amp; FITNESS</b> Pittsburgh, Pennsylvania	Gary Udit PO Box 16424 412-377-1438 <a href="mailto:gudit@comcast.net">gudit@comcast.net</a> <a href="http://www.garyudit.com">www.garyudit.com</a>
November 18-19, 2023	<b>NPC MASTERS USA BODYBUILDING, FIGURE, BIKINI, MEN'S &amp; WOMEN'S PHYSIQUE, CLASSIC PHYSIQUE &amp; WELLNESS</b> Anaheim, California	Tamer El Guindy 2554 Lincoln Blvd PMB 749 Venice, CA 90291 310-796-9181 <a href="mailto:tamer@musclecontest.com">tamer@musclecontest.com</a> <a href="http://www.musclecontest.com">www.musclecontest.com</a>

December 7-9,  
2023

**NPC NATIONAL BODYBUILDING, FIGURE,  
BIKINI, MEN'S & WOMEN'S PHYSIQUE,  
CLASSIC PHYSIQUE & WELLNESS**  
Irving, Texas

**NPC National Office**  
412-276-5027  
[npcfirst@npcregistration.com](mailto:npcfirst@npcregistration.com)  
[www.npcnationalchampionship.com](http://www.npcnationalchampionship.com)